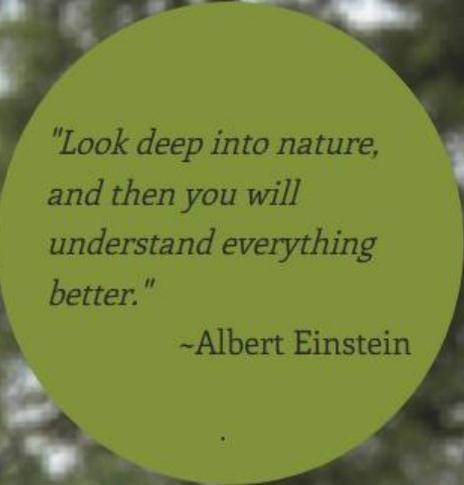


# Healthy Bio Solutions



*Change your life  
Ground yourself*



*"Look deep into nature,  
and then you will  
understand everything  
better."*

*~Albert Einstein*



*Take a walk...*

*"Studies show the very damaging effects between EM Fields and diseases such as cancer, leukemia, Alzheimer's, Heart Disease, and others. Even in childhood development issues and hormone malfunction."*

*~Howard W. Fisher, MD, Author; The Invisible Threat:  
The Risks Associated with EMFs*

# Disclaimer

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The information presented is expressly intended for educational purposes only and are the opinion of the speaker(s). The following statements have not been approved by the FDA and do not claim to treat or diagnose any disease. The information that follows should not be construed as a claim or representation that any product or procedure mentioned constitutes a specific cure, palliative or ameliorative, for any condition. It is the sole responsibility of the Professional using this information to determine if what is outlined herein is appropriate for his or her purpose.

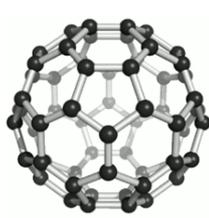


# EMFs - 5 Areas to Look At

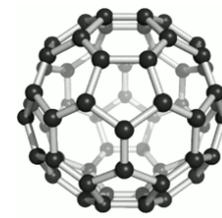
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- Dirty Electricity
  - These frequencies piggyback on the electrical wiring and radiate into your living environment.
- AC Electric Fields –
  - Electric fields are created by the electricity moving throughout the home, office or business in the walls, water pipes or other means of travel.
  - Electric fields can reach up to 6 feet from walls, creating electromagnetic smog.
- AC Magnetic Fields –
  - Low Frequency Polluters: power lines, electrical wiring, and transformers.
  - High Frequency Polluters: energy efficient appliances, fluorescent lighting, dimmer switches, TV and computer, monitors, razor, hairdryers, lamp & alarm clock, and wrist watch.
- Radio Frequency (RF)
  - Known as wireless or microwave radiation. Electromagnetic radiation – frequency range is 3KHz – 300GHz
  - Detection for wireless devices, hidden cameras, cell phone, and electrical meters.
- Geopathic Stress
  - Underground Curry Lines, faults and water streams, can cause sleep and health issues.





# BuckyBalls



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**Buckminsterfullerene** short name **BuckyBalls** (Buckminster Fuller) is a type of fullerene with the formula  $C_{60}$  that resembles a soccer ball, made of twenty hexagons and twelve pentagons, with a carbon atom which has one  $\pi$  bond and two single bonds at each vertex of each polygon and a bond along each polygon edge.

In 1996 scientists Robert Curl and Richard Smalley discovered *fullerenes*, a special carbon-based molecular formation - which turned out to be a major component of Shungite – for which they won the Nobel Prize in Chemistry.

*Shungite is the only known natural source of fullerenes on Earth*

This scientists discovered that Shungite receives its healing power from one of its elements, *fullerenes*, a crystalline form of carbon.

Why is Carbon important?

Carbon is an important constituent of living beings. Along with Nitrogen and oxygen, carbon is one of the essential building blocks of organic life. Carbon forms about 18% of the human body.

They are believed to be **THE MOST POWERFUL ANTIOXIDANTS** that shield cells from the affect of free radicals.



# What is Shungite?

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- The main deposit is in the Lake Onega area of Karelia, near Shunga, Russia.
- Two Theories:
  - 2 billion years ago a chain of volcanos in western Russia were rich with sediments and algae. These specimen contributed to deposits of oil shale and crude oil. Later, when these deposits were subjected to heat and pressure, shungite formed into an almost pure form of carbon.
  - Meteorite hit Russia 600 billion years ago.
- The Mine has 250 gigatonnes (metric tons)
- Ivan the Terrible used it and in 1719. He also used in providing purified water during Russian military campaigns, to purify water and use on their wounds.
- Peter the Great set up Russia's first spa.

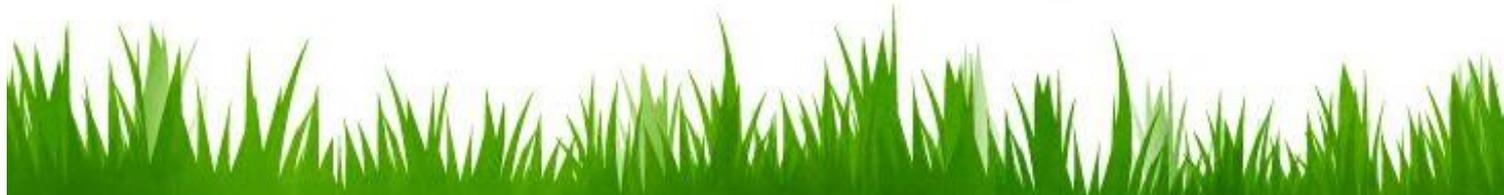
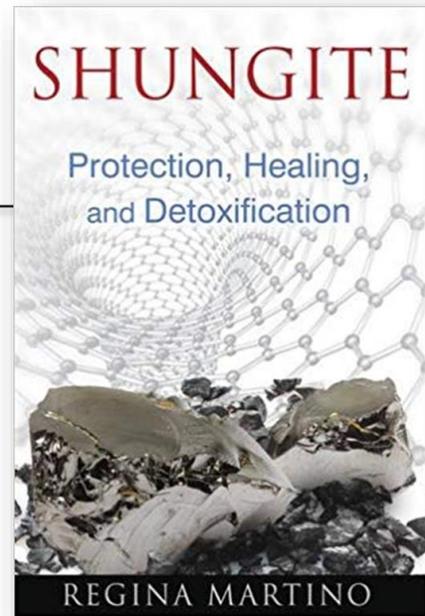


- Russian scientists confirm that, in addition to being a natural antioxidant, it can improve immune system function. It also actively interacts with various electromagnetic fields (anthropogenic high-frequency, solar, geopathogenic, biofields) and neutralizes their negative impact.
- Russian scientific research also shows that because of Shungite's unique structure, it grabs onto many different things including chemicals, volatile organic compounds, drugs, chlorine, fluoride, and radioactive particles. It also kills a wide variety of bacteria, viruses, phages and other pathogens.
- It has exceptionally high resistance to chemically aggressive environments
- It has a high electrical and low thermal conductivity
- It reduces the form and effect of electromagnetic emissions, counteracting the harmful effects of electromagnetic fields and radiation from computers, cell phones, Wi-Fi, and other electronic devices and appliances
- It purifies water and enriches it with beneficial minerals



# Types of Shungite

- It comes in different grades or classes, based on its carbon content. The more carbon it has, the stronger its healing qualities.
- Regina Martino, a French Bioenergetics researcher who has been conducting experiments on Shungite since 2006, puts it into 3 categories:
  - Type I Shungite (aka Elite or Noble Shungite):
    - Purest form of Shungite with carbon content at least 98 percent; shiny silvery black semimetallic luster; does not lend itself to cutting and shaping; Elite Shungite is the most scarce form - it accounts for only 1% of all Shungite that is found, making it most rare and most expensive.



# Types of Shungite

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- Type II Shungite (aka black Shungite):

- 50-70 percent carbon; because it's easily shaped and polished, this is the type typically used for sculptures and jewelry; black in color with a semi - dull luster (unless polished)



- Type III Shungite (aka gray Shungite or Shungite rock):

- 30-50 percent carbon; gray in color with a dull or matte luster

- Fullerenes are not abundant in all grades, they are found in their highest concentration in Elite Shungite, and to a lesser degree in Black Shungite.



# Unique Properties

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- It purifies, protects, speeds up recovery and promotes growth in living organisms. And because of its unique molecular structure, Shungite can transform harmful EMFs into a form that's more biologically compatible with our bodies.
- Shungite, considered to carry **the Yin** energy, provides powerful stimulation to the lower parts of the body, including 3 lower Chakras.
- A healing tool used in **reflexology, massage, and acupressure**, as well as for **meditating and directing energy**, wands are used to **help restore body balance, stop inflammation, diminish pain and reduce fatigue.**



# Unique Properties

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## WATER CLEANSING AND CHARGING

- It is proven now that Shungite can neutralize a significant number of toxins because it holds a massive quantity of hydrogen, making it very effective for water purification.
- Carbon's naturally porous structure - that result in extremely high filtering capacity.
- *“Shungite is an effective sorbent for removal of organic and inorganic substances, pathogenic bacteria and heavy metals from contaminated water.”*
- Plainly speaking, it kills pathogenic bacteria, and purifies water.



# Unique Properties

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- Numerous studies confirm that adding Shungite fills water with oxygen, calcium, magnesium and other essential mineral components, while killing bacteria, and removing pesticides, chlorine, and heavy metals. Bad taste and odors disappear too!
- Another good reason to drink Shungite water is because it contains natural antioxidants that neutralize free radicals, which makes it beneficial to our cells and tissues. It is totally safe to put Shungite directly in your glass, or carry in your water bottle.



# Unique Properties

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- According to scientific research, it attenuates electromagnetic emissions providing protection from harmful electromagnetic radiation. Shungite appears to transform harmful man-made EMFs into wave forms that are more compatible with our biology. And it does it not by eliminating, but by changing the properties of harmful radiation.
- Research shows, this mineral modifies harmful influence of electromagnetic radiation much better than other stones because it does not become saturated and does not take on a negative charge. AND, while blocking EMF, Shungite keeps signal intact.



# EMF/RF Mitigation Solution

## ***Electronics:***

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Made of Russian Elite Shungite, Black Sun Orgonite with premium quality poly-resin and copper Reiki power symbol; Cho Ku Rei piezo coil element for catalyst for physical healing, cleansing, and purification. Other proprietary blends included. Charged by using Earth attunement of the Sun 126Hz.

**Orgonite:** balances and harmonizes bio-energy known as orgone, chi, prana

**Shungite:** anti-bacterial, grounding, EMF/RF defense, detox, an unusual carbon-rich rock believed to be more than 600 million years old has yielded the first evidence that 'fullerenes' occur in nature.



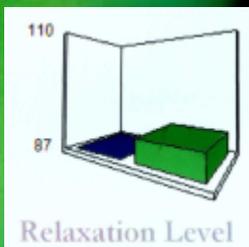
### **Generator**

Used for all devices; Cell phone, iPads, electronic handheld games, PC, MAC, WiFi, appliances and Vehicle.



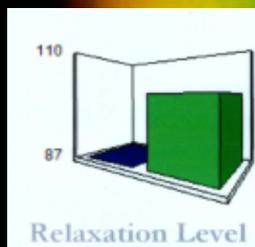
# Aura Field with Cellphone & Generator

BEFORE  
Holding a  
Cell Phone



AFTER  
Holding a Cell  
Phone With a  
Generator on it.

Expanded  
Life-Force  
Energy Field

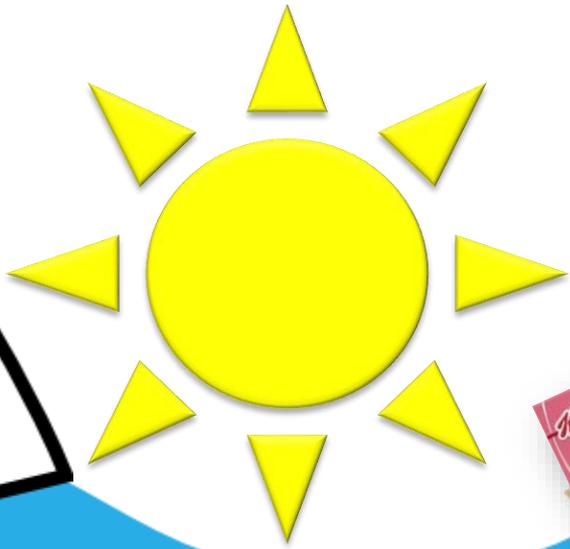
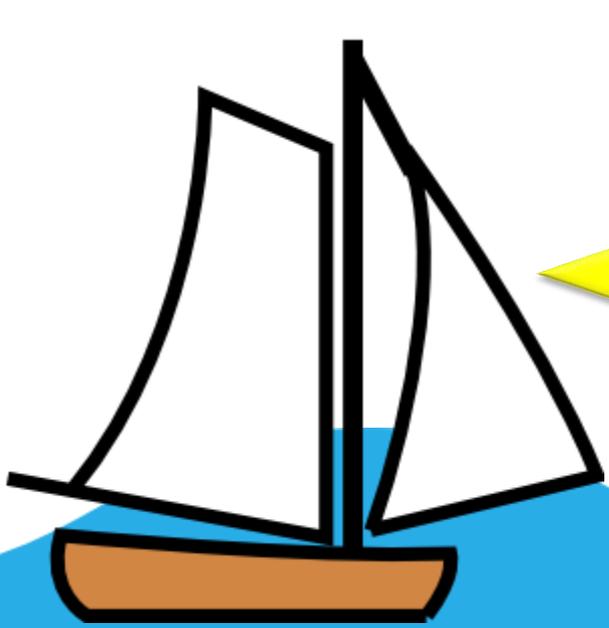


Took the  
STRESS OFF  
the Body.



*“Always learn to navigate in life  
so you have smooth sailing.”*

*-Carl Jelstrup, DC*



# Thank You!



The business card features a dark purple header bar at the top. On the left side, there is a photograph of two hands held up in a protective gesture, framing a tree in a grassy field under a blue sky. To the right of the photo, the company name 'HEALTHY BIO SOLUTIONS' is printed in bold black text, with 'ELECTRIC AND MAGNETIC FIELDS (EMFs)' in a smaller font below it. A horizontal line, consisting of a dark purple segment on the left and a green segment on the right, separates the header from the contact information. The contact details include the name 'Janice Churchill, Owner' and title 'EMF & RF Surveyor', followed by the phone number '425-358-0611', email 'info@HealthyBioSolutions.com', and website 'www.HealthyBioSolutions.com'.

**HEALTHY BIO SOLUTIONS**  
ELECTRIC AND MAGNETIC FIELDS (EMFs)

Janice Churchill, Owner  
EMF & RF Surveyor

Phone: 425-358-0611  
Email: [info@HealthyBioSolutions.com](mailto:info@HealthyBioSolutions.com)  
[www.HealthyBioSolutions.com](http://www.HealthyBioSolutions.com)

# Definitions

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- **Alternating Current:(AC)** An electrical current that changes strength and direction of flow with a certain regular cycle. For example, 60 Hertz AC is an electrical current that changes its polarity (from positive to negative and back to positive; a complete cycle) sixty times per second.
- **Current:** The flow of electric charge through a power line or an electric wire. The electric current in a wire is like water flowing through a pipe. Currents produce magnetic fields.
- **Direct Current (DC):** An electrical current that flows in one direction only. The current in batteries is DC.
- **Electric Field (EF):** The force electric charges exert on other objects. It is measured in volts per meter (V/m). An electric field is a function of voltage and not of current.
- **Electric and Magnetic Fields (EMF):** The force fields around an electric conductor that has voltage and current. "EMF" is often used to describe power-frequency-induced magnetic fields.
- **Electromagnetic Spectrum:** A breakdown of electromagnetic fields according to their frequency and wavelength. The spectrum is divided into extra low-frequency (ELF), very low frequency (VLF), radio-frequency (RF), microwave, visible light, and ionizing radiation (X-rays and gamma rays).
- **Frequency (f):** The rate at which a wave completes one full cycle. The rate per second is expressed in Hertz (Hz). On the spectrum, energy is organized by frequency, with direct current (DC) having the lowest frequency (0) and gamma rays having the highest. Power frequency is 60 Hz in the United States but 50 Hz in most other industrialized nations.

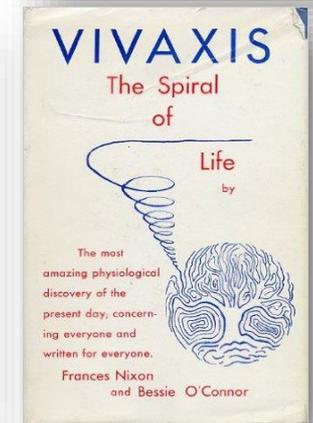
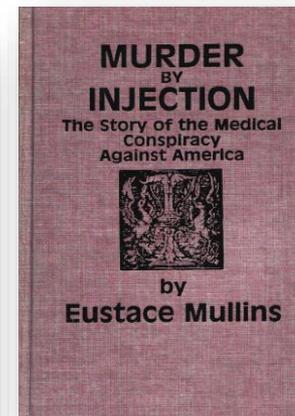
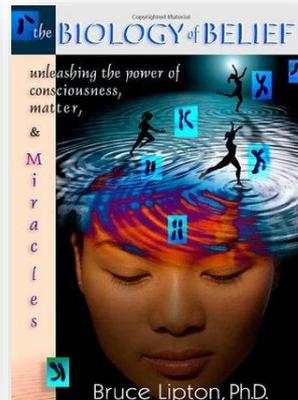
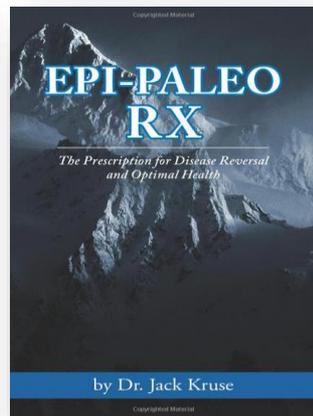
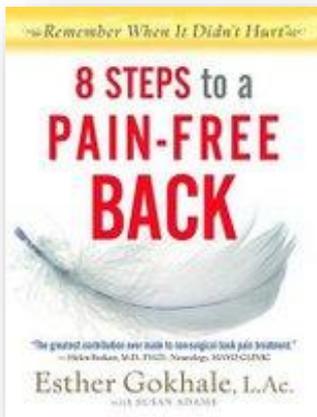
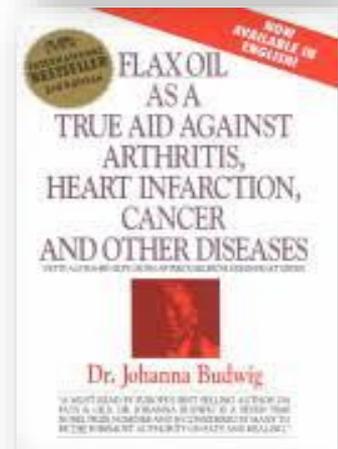
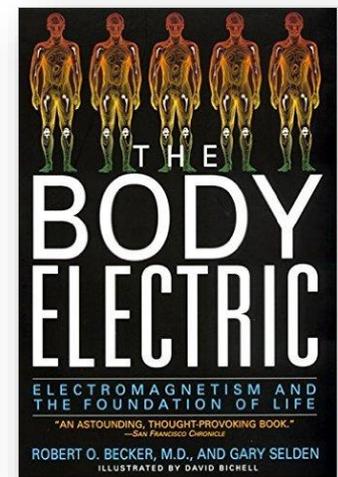
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- Hertz (Hz): A unit used to measure the rate at which charge changes polarity of an AC electric current. One Hertz is one cycle per second. A 60 Hz system has sixty cycles per second.
- Magnetic field (MF): The force field produced by an electric current.
- Microwaves (MW): Electromagnetic radiation with a frequency at the high end of radio-frequency radiation. A form of nonionizing radiation. Radar is a form of microwave radiation. Microwave ovens operate at 2,400,000,000 Hz.
- Non-ionizing (or non-ionising) Radiation: refers to any type of electromagnetic radiation that does not carry enough energy per quantum (photon energy) to ionize atoms or molecules—that is, to completely remove an electron from an atom or molecule. Sources include power lines, microwaves, radio waves, infrared radiation, visible light and lasers.
- Ionizing Radiation: which has a higher frequency and shorter wavelength than nonionizing radiation, has many uses but can be a health hazard; exposure to it can cause burns, radiation sickness, cancer, and genetic damage. Examples: X-Ray, nuclear medicine, and radiation therapy.
- Radiation: Energy that is propagated through space in waves or particles. Some common forms of radiation are x-rays, microwaves, light, and radio waves.
- Radio Frequency (RF): Electromagnetic energy in the approximate frequency range of 3,000 Hz (3 kHz) to 1 billion Hz (1 GHz).

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